
A Girl From Flint

girl scout brownie vest & sash - girl scouts of the usa - click on the name or image of insignia to find out more information and to purchase. visit [girlscoutshop](#) for all your official girl scout merchandise needs. my promise my faith my promise my faith bee american flag patch **baked kale chips - hungry girl** - prep: 5 minutes baked kale chips entire recipe: 33 calories, 0.5g total fat (0g sat fat), 179mg sodium, 6g carbs, 2.5g fiber, 1.5g sugars, 3g protein **activity guide for daisies, brownies, and juniors** - 4 you can also ask your local librarian for suggestions of stories about poverty and the environment and then talk about the book with your family or girl scout friends. **apple cinnamon blender muffins recipe - hungry girl** - prep: 15 minutes apple cinnamon blender muffins 1/12th of recipe (1 muffin): 77 calories, 1g total fat (